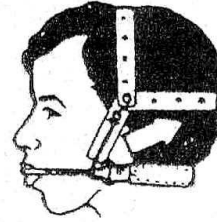
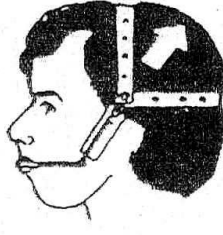
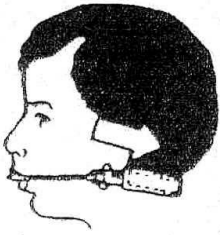


# ***HEADGEARS, NECKGEARS, FACEMASKS***



## ***What are they?***

- These appliances help control the growth of your upper jaw. With proper wear and following instructions, they will help both upper and lower jaws to grow nicely together.

## ***When do I have to wear it?***

- You should wear your appliance a MINIMUM of 14 hours a day. Generally, the more you wear it, the sooner you will achieve the desired result. Many patients wear the appliance while they are sleeping. However, some patients prefer to wear it during the day. It is not critical when the appliance is worn, as long as the minimum hours of wear are reached.

## ***What should I expect?***

- The teeth to which the appliance attaches sometimes become sensitive during the first few days. This sensitivity will get better with continued wear.

## ***IMPORTANT REMINDERS:***

- You should ALWAYS bring your appliance to each appointment for adjustment. A poor-fitting appliance can do more damage than good.
- CAUTION: This appliance is NOT a toy. Careless placement can result in serious injury to your mouth and face. Do NOT allow anyone to tamper with your appliance while it is being worn. Do NOT wear your appliance if you are playing sports. Ask a parent or guardian to help you if you are having difficulty placing your appliance in your mouth.

***If you have any questions, please do not hesitate to call us at (650) 961-5047.***